

MSc Mental Health Nursing (with registration)

Programme Specification

1. Programme title	MSc Mental Health Nursing (with registration) (self-funded or apprenticeship route)
2. Awarding institution	Middlesex University
3. Teaching institution	Middlesex University
4. Details of accreditation by professional/statutory/regulatory body	Nursing and Midwifery Council (NMC)
5. Final qualification	MSc Mental Health Nursing (with registration)
6. Year of validation Year of amendment	2024
7. Language of study	English
8. Mode of study	Full time

9. Criteria for admission to the programme

Middlesex University has a flexible and personalised approach to admissions and we accept applications from students with an undergraduate honours degree at 2.2 or above, attained within 5 years of the MSc programme start.

Please note that we can only accept your application for consideration if you have already obtained your GCSE (or equivalent) Maths and English at the appropriate level prior to applying.

Apprenticeship students must be employed within one of our partner organisations.

Further requirements

- You must be digitally literate as all recruitment processes and many teaching and learning activities within the programme involve the use of technology and digital processes.
- You are required to demonstrate that you have experience of working. This does not have to be in the field of health care.
- To begin the programme you must also complete a satisfactory enhanced DBS Check and a satisfactory Occupational Health Check.
- You must provide one suitable reference.

The equivalence of qualifications from outside the UK will be determined according to the guidance shown <https://www.enic-naric.net/>

10. Aims of the programme

This programme specification relates to the MSc Mental Health Nursing (with registration) pathway, self-funded or apprenticeship route. It shares many features with our BSc nursing programmes. All of our nursing programmes aim to produce a nurse who is able to provide safe and effective care, is self-aware and willingly takes responsibility for self and others.

This MSc Mental Health Nursing (with registration) pathway, along with all of our pre-registration nursing programmes, also aim that students to achieve:

- Programme outcomes and proficiencies in-line with the Nursing and Midwifery Council (NMC) professional requirements for entry to the register as a nurse
- Be a critical practitioner utilising reflective practice and evidence-based practice as a catalyst for change and service improvement
- Adopt a critical and analytical approach to care and recognise the challenges of integrating theory with practice and developing theory emergent from practice
- Develop the skills required for autonomous practice, decision-making and team working in health and social care
- Acknowledge the changing face of nursing, the on-going development of nursing as a profession contributing to the debate and discussion of future developments in nursing
- Engage with life-long learning, develop transferable skills to enhance their nursing role and appreciate the value of education for health and society

On completion of the MSc Mental Health Nursing (with registration) students will be able to demonstrate the required programme outcomes and proficiencies for registration with the NMC as a mental health nurse.

11. Programme outcomes

A. Knowledge and understanding

On completion of this programme the successful student will have *advanced* knowledge and a *critical* understanding of:

1. Technical, professional and clinical skills underpinned by *an advanced* understanding-of the principles of accountability
2. *Appraisal of* the principles of autonomy, responsibility and accountability and role within the multi-professional team
3. Strategies available for meeting the needs of patients (*and leading others to meet needs*) presenting with a range and complexity of health care problems or challenges
4. The history, evolution and the unique nature of nursing knowledge for practice
5. Ethical principles which support nursing practice to be sustainable, resourceful and using their initiative where appropriate.
6. *Strategic* Understanding of complex problem solving
7. *Advanced* Scientific principles for therapeutic approaches.
8. Health informatics, digital literacy in the context of a complex health system application for care planning, health promotion and care.
9. The theory and practice of leadership and team work in a complex dynamic health care setting.
10. Political influences on professional practice
11. Cultural competence, diversity and it's elements

Teaching/learning methods

Students gain knowledge and understanding through 50% of learning occurring in the practice setting and 50% theory based in the University;

- Formal teaching methods: lectures, participatory seminars, small group discussions, self-guided and directed learning, e-learning, support from the Academic Advisor
- Clinical skills rehearsal and simulation sessions; use of virtual and augmented reality resources and learning on clinical placements. This contains a number of activities which facilitate the student's understanding and development of nursing skills and serves as a tool for use with staff in their practice learning. The latter is key to applying knowledge and skills to real life situations and demonstrate drawing on theoretical and practical skills and research to engage critically with decision making and performing with high quality patient care.

Assessment

An understanding of the theory and practice of the profession is both summatively and formatively assessed through a range of approaches including:

- Written, presentation, digital reports and presentations, online tests and assessments of clinical practice. Self, peer and teacher assessment is utilised to enhance the self-reflective and critical practitioner with a range of fields of practice.
- A range of formative assessment techniques to prepare the students for summative testing

Specific assessment methods are specified in each module outline.

B. Skills

On completion of this programme the successful student will be able to *demonstrate an advanced level of skills*:

1. Engage in critical self-reflection to support lifelong learning and professional practice
2. Maintain professional standards, improve safety and quality of care and clinical skills to enhance nursing practice
3. Generate, use and appraise complex data for practice improvement
4. Develop a professional identity – drawing on and appraising influences of the development of professional identity
5. Practice confidently a range of effective communication skills for various audiences through a variety of routes

Teaching/learning methods

Students learn cognitive and practical skills through a range of teaching methodologies all of which encourage self-learning and self-appraisal of learning and skills, approaches include:

- Lectures, seminars discussions, formative assessment, peer-review of presentations, debates and directed reading
- Clinical skills rehearsal and simulation sessions; use of virtual and augmented reality resources and learning on clinical placements in collaboration with practice supervisors, practice assessors and clinical placement facilitators
- Skills sessions will be taught and rehearsed throughout the programme in skill labs and in the clinical environment
- Role modelling plays a significant part in the student's skills development

Assessment methods

- Formative and summative methods which include the electronic Practice Assessment Document (ePAD) to assess the student's progress in practice
- The ePAD cross references Nursing and Midwifery Council competencies to demonstrate achievement towards professional recognition. There are ePADs, Part 1, Part 2 and Part 3.

Ongoing development will be assessed using a cumulative Ongoing Achievement Record (OAR) aligned to the ePAD.

12. Programme structure (levels, modules, credits and progression requirements)

12.1 Overall structure of the programme

The BSc (Hons) Nursing was approved with effect from July 2019. This MSc Mental Health Nursing (with registration) pathway shares many features with our BSc nursing programmes as the student is working towards the same NMC proficiencies, at a higher academic level.

The MSc Mental Health Nursing (with registration) is a 2-year pathway with students undertaking modules by attending university and placements each year. The pathway reflects the NMC requirements of 50% theory and 50% practice, with module delivery as shown below.

Self-funded and apprenticeship students will study within the same cohort.

Mode of study:

90 credits at level 6 are achieved via Recognition of Prior Learning (RPL)

Students on the MSc Mental Health Nursing (with registration) pathway have their modules delivered by a block release pattern of attendance at university of 12 weeks per year and a range of planned placement experiences within our existing placement circuit within local Trusts and Healthcare organisations.

Apprenticeship students must be employed within one of our partner organisations.

Students have access to My Learning at module and programme level, and all resources provided within it. These resources allow them to undertake the required pre and post sessional work within each module.

Meeting NMC programme hours requirements:

As required by the NMC theory and practice hours each equate to 2300 hours over the 2-year programme. Some practice hours (4 weeks per year) are met by simulation as defined by the NMC (2023) and approved via a NMC minor modification within our BSc in 2023.

Apprenticeship students achieve 480 hours of practice via RPL.

MSc Adult Nursing (with registration) pathway

Modules

- **NIP 1802:** Foundations of Scientific Principles for Mental Health Nursing
- **NIP 1803:** Foundations of Mental Health Nursing Knowledge
- **NIP 1801:** Expansive learning for Professional Nursing Practice

Credits

90 at level 6

Exit Award

N/A

Year 1

Modules

- NIP 1805 Practice learning 1 (ePAD Part 1), Credits: 0
- NIP 3800 Developing scientific principles for mental health nursing, Credits: 30, Level 6

- NIP 4801 Developing nursing knowledge and professional practice for mental health nursing (ePAD Part 2), Credits: 30, Level 7
- NIP 4800 Expansive learning for mental health nursing, Credits: 30, Level 7

Credits

30 credits at level 6, 60 credits at level 7

Exit Award

PGCert Health Care Practice (without registration) if 60 credits achieved at level 7

Year 2

Modules

- NIP 4802 Advanced scientific principles for mental health nursing, Credits: 30, Level 7
- NIP 4803 Advanced nursing knowledge and professional practice for mental health nursing (ePAD Part 3), Credits: 60, Level 7

Total credits

- RPL – 90 at level 6
- Year 1 – 30 at level 6 + 60 at level 7
- Year 2 – 90 at level 7
- **Total** - 270 (150 of which are at level 7)

12.2 Levels and modules

Level 6

Compulsory

Students must take all of the following for their respective pathway:

- NIP 1805 Practice Learning 1(0 credit)
- NIP 3800 Developing scientific Principles for mental health nursing (30 credits, level 6)

Optional

None

Progression requirements

Progression occurs at the end of year 1 with 30 credits at level 6 and 60 credits at level 7 as shown above.

Students need to have met the attendance requirements for theory and clinical practice outlined in the attendance policy for the Pre-Registration Nursing programme.

Students need to demonstrate good health and character and must declare this at the start of each year of study and must complete a self-declaration of good health and character each year of the programme.

Students need to have attended all mandatory training sessions, simulated learning hours and structured sessions with their Academic Advisor for each year of study.

Level 7

Compulsory

Students must take all of the following for their respective pathways:

- NIP 4801 Developing nursing knowledge and professional practice for mental health nursing (30 credits, level 7)
- NIP 4800 Expansive learning for mental health nursing (30 credits, level 7)
- NIP 4802 Advanced scientific principles for mental health nursing (30 credits, level 7)
- NIP 4803 Advanced Nursing Knowledge and professional practice for mental health nursing (60 credits, level 7)

Optional

No options.

Progression requirements

For programme completion students need to have met the attendance requirements for theory and clinical practice outlined in the attendance policy for the Pre-Registration Nursing programme.

Students need to demonstrate good health and character and must declare this at the start of each year of study and must complete a self-declaration of good health and character each year of the programme.

Students need to have attended all mandatory training sessions, simulated learning hours and structured sessions with their Academic Advisor for each year of study.

12.3 Non-compensatable modules (note statement in 12.2 regarding FHEQ levels)

Module level	Module code
Level 6	Compensation not permitted in any modules (professional programme)
Level 7	Compensation not permitted in any modules (professional programme)

13. Curriculum map

See page 11.

14. Information about assessment regulations

Assessment regulations follow Middlesex University's Academic Regulations. Assessment is to guide learning and achievement. However, this professional programme also requires that:

- All modules are compulsory and non-compensatable.
- Within modules, where there is more than one component to a module assessment, the marks are aggregated, and a grade given using the Middlesex University 20-point scale.
- Practice module components will be graded as Pass or Fail
- Students must achieve a pass grade for all the modules within the programme, to progress to the next stage of the programme.
- Students must meet the attendance requirements, meetings with the academic advisor and all mandatory training requirements of the programme. Students accumulating sickness or absence exceeding 10 days per year may be discontinued or deferred.
- Apprenticeship students attendance requirement are managed in conjunction with their employer and compliance processes
- Infringement of assessment regulations/academic misconduct (section F1) - may require Fitness for Practice Panel.
- Disclosure and Barring Service (DBS) and Occupational health clearance is required prior to commencing clinical placement.
- Automatic deferral is not permitted for students on these programmes.

15. Placement opportunities, requirements and support

- Students must satisfy the NMC requirements to have achieved a minimum of 2300 hours in practice during the whole of their programme, in order to gain professional registration with the NMC.
- Practice experiences can take place in an approved learning environment in any our local partners and in the independent and Private Sector.

- Apprenticeship students achieve 480 hours of practice via Recognition of Prior Learning (RPL).
- Staff within the Faculty of Health, Social Care and Education work in partnership with practice placement providers to ensure that the practice learning environment is conducive to meeting the individual learning needs of the student and a robust process of quality monitoring of the learning environment is in place.
- Contact details are made available prior to placements.
- Nursing is a profession that is required to work a range of shifts to cover the 24- hour period, over any days of the week, including weekends. Duty rotas will reflect this and will include early, late, night, weekend and Bank Holiday shift patterns.
- All students will be given an induction at the start of each new learning experience and support and guidance will be given to students with diverse needs.
- Each practice area has a practice learning team and online practice placement support resources to further support practice learning and to guide students and practice supervisors and assessors on key policy documents such as the attendance policy and complaints procedure. Practice learning is assessed using the Practice Assessment Document (ePAD).
- Students are required to be supervised during their learning period in practice by NMC registered nurses, midwives, nursing associates and other registered health and social care professionals.
- Meetings with your Academic Advisor / Academic Assessor at regular intervals in each year will further support your practice learning.

16. Future careers (if applicable)

On successful completion of the programme students are eligible to enter the professional register for Nursing. Career routes are varied and exciting ranging from specialism within specific client groups e.g. Older persons, community health or as specialist nurses.

Successful graduates will have the opportunity to undertake work-based learning studies at Post Graduate level.

17. Particular support for learning (if applicable)

- Academic Advisor
- Practice Learning Team / Practice Supervisor / Practice Assessor / Academic Assessor in clinical practice
- Clinical Placement Facilitators
- Clinical Skills and simulation facilities with a range of resources including virtual and augmented reality
- Learning Enhancement Team
- Disability Support to support specific learning needs
- Online learning resources (audio/video/research/literature/discussion boards) through the learning platform: My Learning
- Apprenticeship students also have the support of their organisation Practice Education team

18. JACS code (or other relevant coding system)

B730 (Adult)

19. Relevant QAA subject benchmark group(s)

Nursing

20. Reference points

Higher Education Academy

Middlesex University Regulations (2023/2024), London, Middlesex

Middlesex University (2023/2024) Learning and Quality Enhancement Handbook, London, Middlesex University

Nursing Midwifery Council (2018a) Part 1: Standards framework for nursing and midwifery education

Nursing Midwifery Council (2018b) Part 2: Standards for student supervision and assessment

Nursing and Midwifery Council (2018c) Part 3: Programme standards

NMC (2023a) Simulated Practice Learning: Supporting Information.

<https://www.nmc.org.uk/standards/guidance/supporting-information-for-our-education-and-training-standards/simulated-practice-learning/> (accessed June 2023)

Department of Health and Social Care (2018) NHS Outcomes Framework (NHS OF). London HMSO

Nursing and Midwifery Council (2018) *The Code Professional standards of practice and behaviour for nurses, midwives and nursing associates*. London. NMC.

Quality Assurance Agency (2018) UK Quality Code for Higher Education Part A: Setting and Maintaining Academic Standards, London: QAA

Framework for Higher Education Qualifications (2014) <https://www.qaa.ac.uk/docs/qaa/quality-code/qualifications-frameworks.pdf>

Registered nurse degree (NMC 2018) / Institute for Apprenticeships and Technical Education

21. Other information

Please note programme specifications provide a concise summary of the main features of the programme and the learning outcomes that a typical student might reasonably be expected to achieve if s/he takes full advantage of the learning opportunities that are provided. More detailed information about the programme can be found in the rest of your programme handbook and the university regulations.

Appendix 2: Curriculum Map - MSc Mental Health Nursing (with registration) pathway

This section shows the highest level at which programme outcomes are to be achieved by all graduates, and maps programme learning outcomes against the modules in which they are assessed.

Programme learning outcomes – closely aligned to the BSc Mental Health Nursing programme

Knowledge and understanding

- A1 - Technical, professional and clinical skills underpinned by an advanced understanding of the principles of accountability
- A2 - Critical analysis of the principles of autonomy, responsibility and accountability and role within the multi-professional team
- A3 - Strategies available for meeting the needs of patients (*and leading others to meet needs*) presenting with a range of health care problems or challenges
- A4 - The history, evolution and the unique nature of nursing knowledge for practice
- A5 - Ethical principles which support nursing practice to be sustainable, resourceful and using their initiative where appropriate.
- A6 - Strategic understanding of complex problem solving
- A7 - Advanced scientific principles for therapeutic approaches.
- A8 - Health informatics, digital literacy in the context of a complex health system application of for care planning, health promotion and care.
- A9 - The theory and practice of leadership and team work in a complex dynamic health care setting
- A10 - Political influences on professional practice
- A11 - Cultural competence, diversity and its elements

Skills

- B1 - Engage in critical self-reflection to support lifelong learning and professional practice
- B2 - Maintain professional standards, improve safety and quality of care and clinical skills to enhance nursing practice
- B3 - Generate, use and appraise complex data
- B4 - Developing a professional identity drawing on and appraising influences on the development of professional identity
- B5 - Practice confidently a range of effective communication skills for various audiences through a variety of routes

Programme outcomes															
A1	A2	A3	A4	A5	A6	A7	A8	A9	A10	A11	B1	B2	B3	B4	B5
Highest level achieved by all graduates															
6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6

MSc Mental Health Nursing (with registration) pathway

Module Title	Module Code by Level	A1	A2	A3	A4	A5	A6	A7	A8	A9	A10	A11	B1	B2	B3	B4	B5
Expansive Learning for Professional Nursing Practice <i>(RPL)</i>	NIP 1801 (4)		X			X	X			X	X	X	X				
Foundations of Scientific Principles for Mental Health Nursing <i>(RPL)</i>	NIP 1802 (4)	X		X				X				X		X	X		
Foundations of Mental Health Nursing Knowledge <i>(RPL)</i>	NIP 1803 (4)				X			X	X			X		X		X	
Practice Learning 1	NIP1805		X		X	X					X			X			X
Developing scientific Principles for Mental Health Nursing	NIP 3800	X						X						X	X		X
Developing nursing Knowledge and professional practice for mental health nursing	NIP 480X		X	X	X					X	X	X	X	X		X	
Expansive Learning for mental health nursing practice	NIP 4800					X			X	X			X				
Advanced scientific principles for nursing	NIP 4802	X	X	X				X				X		X	X		X
Advanced nursing knowledge and professional practice in Mental Health Nursing	NIP 480X		X	X	X		X	X	X				X	X	X	X	